

Health and Recovery Plans (HARPs)

Questions?

Call us to learn more about HARPs.
Counselors can help in all languages:

New York Medicaid Choice

Call: 1-855-789-4277

TTY: 1-888-329-1541

Monday to Friday: 8:30 am to 8:00 pm

Saturday: 10:00 am to 6:00 pm

Online: nymedicaidchoice.com

Other ways to learn more about HARP:

Independent Consumer Advocacy Network (ICAN)

HARP Participant Ombudsman

Call: 1-844-614-8800

TTY: 711

Monday to Friday: 8:30 am to 8:00 pm

Online: icannys.org



Office of
Mental Health

Department of
Health

Office of Addiction
Services and Supports

Health and Recovery Plans (HARPs)

Support for a full life



**Medicaid health plans that will help you
stay healthy and live a full and active life**



Why Join a HARP?

HARPs have the same benefits that are in Mainstream Medicaid health plans. Plus HARPs cover extra benefits and specialized support so you can get the best possible results from your care.

HARPs can cover these services and more:

Physical health care

- Doctor visits
- Specialty care
- Hospital stays
- Dental care
- Eye care

Behavioral health care

- Crisis Services

Mental health care, such as

- Individual therapy
- Group therapy
- Inpatient rehab

Substance use disorder services, such as

- Detox
- Outpatient rehab
- Opioid treatment
- Outpatient clinic

Care Coordination

- Services coordinated to meet your personal needs and goals

Services you can get at home or in the community

As a HARP member, you may qualify to get extra benefits and support through Behavioral Health Home and Community Based Services (BH HCBS) and Community Oriented Recovery and Empowerment (CORE) services. These services can help you:

Find housing. Live independently.

- Psychosocial rehabilitation
- Community psychiatric support and treatment
- Habilitation-skill development
- Non-medical transportation for needed community services

Return to school. Find a job.

- Education support services
- Pre-vocational services
- Transitional employment
- Intensive support employment
- Ongoing supported employment

Get help from people who have been there.

- Peer supports
- Family support and training

Deciding if a HARP is the Right Choice

To join a HARP, you must be 21 or older, be eligible for Medicaid and **qualify for a HARP.**

Talk to your care manager or health plan to help you decide if joining a HARP is the right choice for you. If you don't have a care manager or need help contacting your health plan, your mental health or substance use disorder counselor may be able to assist.

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