Health and Recovery Plans

You want to stay healthy and live a full and active life. Health and Recovery Plans, or HARPs, can help. HARPs are Medicaid health plans that will help you take care of your well-being, physical and behavioral health.

Questions?

Call us to learn more about HARPs.
Counselors can help in all languages:

New York Medicaid Choice
Call: 1-855-789-4277
TTY: 1-888-329-1541
Monday to Friday: 8:30 am to 8:00 pm
Saturday: 10:00 am to 6:00 pm
Online: nymedicaidchoice.com

Other ways to learn more about HARP:

Independent Consumer Advocacy Network (ICAN)
HARP Participant Ombudsman
Call: 1-844-614-8800
TTY: 711
Monday to Friday: 8:30 am to 8:00 pm
Online: icannys.org

NEW YORK STATE | Department of Health | Office of Mental Health | Office of Alcoholism and Substance Abuse Services

HARP BROCHURE-E-0423

Health and Recovery Plans (HARPs)

Support for a full life

Medicaid health plans that will help you stay healthy and live a full and active life

Why Join a HARP?

HARPs have the same benefits that are in regular Medicaid health plans. Plus HARPs cover extra benefits and specialized support so you can get the best possible results from your care.

HARPs can cover these services and more:

Physical health care

- Doctor visits
- Specialty care
- Hospital stays
- Dental care
- Eye care

Behavioral health care

Mental health care, such as

- Individual therapy
- Group therapy
- Inpatient rehab
- Crisis intervention

Substance use disorder services, such as

- Detox
- Outpatient rehab
- Opioid treatment
- Outpatient clinic

Care Coordination

- Services coordinated to meet your personal needs and goals

Home and Community-Based Services

As a HARP member, you may qualify to get extra benefits and support needed to:

Find housing. Live independently.

- Psychosocial rehabilitation
- Community psychiatric support and treatment
- Habilitation/residential support services
- Non-medical transportation for needed community services

Return to school. Find a job.

- Education support services
- Pre-vocational services
- Transitional employment
- Intensive support employment (ISE)
- Ongoing supported employment

Manage stress. Get immediate psychiatric care.

- Short-term crisis respite
- Intensive crisis respite

Get help from people who have been there.

- Peer supports
- Family support and training

Deciding if a HARP is the Right Choice

To join a HARP, you must be 21 or older, be eligible for Medicaid and **qualify for a HARP**.

Talk to your doctor, mental health specialist or substance use disorder counselor. They can help you decide if joining a HARP is the right choice for you.

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