

# Managed Long Term Care Plans

To learn if there were any changes made to this list after September 22, 2023, visit [nymedicaidchoice.com](http://nymedicaidchoice.com)

These are the three different types of Plans that you can join.

All Plans provide Medicaid long term services and supports.



**Medicaid Advantage Plus (MAP):**

Also provides Medicare services. You must also join the plan’s Medicare Advantage Product.



**Program of All-Inclusive Care For the Elderly (PACE):**

Also provides Medicare services. Many services are offered at day centers-clinics.

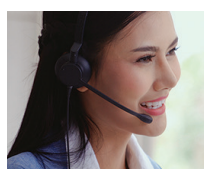


**MLTC Medicaid Plan:** You keep seeing your Medicare doctors.



## Medicaid Advantage Plus (MAP)

	Contact	Service Area
<b>Centers Plan for Medicaid Advantage Plus</b>	1-833-274-5627 TTY: 1-800-421-1220 <a href="http://www.centersplan.com/plans/map">www.centersplan.com/plans/map</a>	Rockland
<b>Elderplan Plus Long-Term Care</b>	1-866-386-9437 TTY: 711 <a href="https://elderplan.org/medicare-advantage-plan-options/#long-term-care-plans">https://elderplan.org/medicare-advantage-plan-options/#long-term-care-plans</a>	Dutchess, Orange, Putnam, Rockland, Westchester
<b>Empire MediBlue HealthPlus Dual Plus (HMO D-SNP)</b>	1-833-713-1080 TTY: 711 <a href="https://mss.empireblue.com/ny/benefits/map-benefits.html">https://mss.empireblue.com/ny/benefits/map-benefits.html</a>	Orange, Rockland, Westchester
<b>Hamaspik Medicare Choice</b>	1-833-426-2774 TTY: 711 <a href="http://www.hamaspik.com/plans/hamaspik-medicare-choice-page-map">www.hamaspik.com/plans/hamaspik-medicare-choice-page-map</a>	Dutchess, Orange, Putnam, Rockland, Sullivan, Ulster, Westchester
<b>Healthfirst CompleteCare</b>	1-888-260-1010 TTY: 1-888-542-3821 <a href="https://healthfirst.org/completecure-plan">https://healthfirst.org/completecure-plan</a>	Orange, Rockland, Sullivan, Westchester
<b>RiverSpring MAP</b>	1-800-362-2266 TTY: 711 <a href="https://riverspringmap.org/">https://riverspringmap.org/</a>	Westchester
<b>Senior Whole Health of New York - MAP</b>	1-877-353-0185 TTY: 711 <a href="http://www.molinahealthcare.com/members/ny/en-us/mem/Swh/Medicare/MAP.aspx">www.molinahealthcare.com/members/ny/en-us/mem/Swh/Medicare/MAP.aspx</a>	Orange, Rockland, Westchester
<b>VNS Health Total</b>	1-866-783-1444 TTY: 711 <a href="http://www.vnshealth.org">www.vnshealth.org</a>	Westchester
<b>Wellcare Fidelis Dual Plus (HMO D-SNP)</b>	1-800-688-7422 TTY: 711 <a href="http://www.fideliscare.org">www.fideliscare.org</a>	Dutchess, Orange, Putman, Rockland, Sullivan, Ulster, Westchester



### Questions?

1-888-401-MLTC or 1-888-401-6582 (TTY: 1-888-329-1541)

New York Medicaid Choice

## Hudson Valley Managed Long Term Care Plans



### Program of All Inclusive Care for the Elderly (PACE)

	Contact	Service Area
<b>ArchCare Senior Life</b>	1-855-951-2273 TTY: 1-800-662-1220 <a href="http://www.archcare.org/health-plans/senior-life">www.archcare.org/health-plans/senior-life</a>	Rockland,* Westchester <small>*This MLTC plan provides service in zip codes 10976 and 10913 within this County.</small>
<b>CenterLight Healthcare, Inc</b>	1-833-252-2737 TTY: 711 <a href="http://www.centerlighthealthcare.org/care-services">www.centerlighthealthcare.org/care-services</a>	Westchester

### MLTC Medicaid Plans

	Contact	Service Area
<b>ArchCare Community Life</b>	1-855-467-9351 TTY: 711 <a href="http://www.archcare.org/health-plans/community-life">www.archcare.org/health-plans/community-life</a>	Putnam, Westchester
<b>Centers Plan for Healthy Living</b>	1-855-270-1600 TTY: 1-800-421-1220 <a href="http://www.centersplan.com/plans/mltc">www.centersplan.com/plans/mltc</a>	Rockland, Westchester
<b>Empire BlueCross BlueShield HealthPlus</b>	1-855-661-0002 TTY: 711 <a href="http://www.empireblue.com/nymltc">www.empireblue.com/nymltc</a>	Westchester
<b>EverCare Choice</b>	1-877-255-3678 TTY: 1-845-569-2228 <a href="http://www.evercare.org/services/evercare-choice">www.evercare.org/services/evercare-choice</a>	Dutchess, Orange, Rockland
<b>Fidelis Care at Home</b>	1-800-688-7422 TTY: 711 <a href="http://www.fideliscare.org/Shop-For-A-Plan/Our-Plans/Fidelis-Care-At-Home">www.fideliscare.org/Shop-For-A-Plan/Our-Plans/Fidelis-Care-At-Home</a>	Dutchess, Orange, Putnam, Rockland, Sullivan, Ulster, Westchester
<b>Hamaspik Choice</b>	1-855-552-4642 TTY: 1-855-854-4030 <a href="http://www.hamaspik.com/plans/hamaspik-choice-mltc">www.hamaspik.com/plans/hamaspik-choice-mltc</a>	Dutchess, Orange, Putnam, Rockland, Sullivan, Ulster
<b>HomeFirst</b>	1-866-386-4177 TTY: 711 <a href="http://www.elderplan.org/homefirst-managed-long-term-care/">www.elderplan.org/homefirst-managed-long-term-care/</a>	Dutchess, Orange, Putnam, Rockland, Sullivan, Ulster, Westchester
<b>Prime Health Choice</b>	1-855-777-4630 TTY: 1-855-777-4613 <a href="http://www.primehealthchoice.com/">www.primehealthchoice.com/</a>	Dutchess, Orange, Putnam, Rockland
<b>RiverSpring at Home</b>	1-800-370-3600 TTY: 1-866-236-5800 <a href="https://riverspringathome.org/">https://riverspringathome.org/</a>	Westchester
<b>Senior Health Partners A Healthfirst Company</b>	1-866-585-9280 TTY: 1-888-542-3821 <a href="https://healthfirst.org/senior-health-partners-plan/">https://healthfirst.org/senior-health-partners-plan/</a>	Westchester

**MLTC Medicaid Plans**

	Contact	Service Area
Senior Whole Health of New York - MLTC	1-877-353-0188 TTY: 711 www.molinahealthcare.com/members/ny/en-us/mem/SWH.aspx	Westchester
VNS Health MLTC	1-888-867-6555 TTY: 711 www.vnshealth.org	Dutchess, Orange, Putnam, Rockland, Sullivan, Ulster, Westchester



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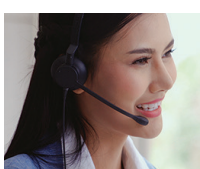
Here are some of the long term services and supports covered by all the Plans. Medicaid Advantage Plus and Program of All-Inclusive Care for the Elderly (PACE) also cover Medicare services.

**Medicaid Long Term Services and Supports**

- **Adult Day Health Care** (For MAP and MLTC Medicaid Plan members)
- **Clinical Day Care** (for PACE members)
- **Health Services at Your Home**
  - Nurses
  - Home health aides
  - Physical, occupational, and speech therapists
- **Nursing Home Care**
- **Personal Care**
  - Help with bathing, dressing, and grocery shopping
- **Social Day Care**
- **Specialty Health**
  - Audiology
  - Dental
  - Optometry
  - Podiatry
  - Physical, occupational, and speech therapy (Physical therapy)
- **Other Services**
  - Home-delivered meals
  - Personal Emergency Response System (PERS)
  - Transportation to medical appointments
  - Consumer Directed Personal Assistance Services (CDPAS)

**Medicare Services**

- **Doctor office visits**
- **Specialty care**
- **Clinic visits, hospital stays**
- **Mental health services**
- **X-ray and other radiology services**
- **Chiropractic care**
- **Medicare Part D drug benefits**
- **Ambulance services**
- **Emergency room visits**



**Questions?**

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